



### **Program Background**

Effective leaders are made, not born. All youth have underlying traits that make them potential leaders, given the right stimuli and environment. The foundational assumption of this program and curriculum is that everyone has the raw materials of leadership, but perhaps sometimes those qualities aren't nurtured or well-guided. This program seeks to change the way the participants see leaders by creating specific experiences that allow them to create a new definition of leadership that includes themselves.

### **Purpose**

The purpose of the FLY Program is to reach potential youth leaders from non-traditional backgrounds and circumstances and encourage and inspire them to find - and follow - the leader in themselves. We recognize that our work can have a deep impact on nontraditional leaders, who are labeled by others as "at-risk" and "special needs." In general, these teens are overlooked and undervalued with regards to their potential contributions as leaders.

Part of this program will deal with reorienting participants' self-perception so that they can recognize the leadership qualities they possess. An equally crucial component of the program will include leading participants to recognize and reinforce the leadership qualities they see in each other.

### **Curriculum**

The FLY Program curriculum should be facilitated in seven hour or hour-and-a-half long sessions. These sessions should take place once a week over seven consecutive weeks. Ideally, the same students should participate in the program from beginning to end. The target group size is fifteen participants. The program should not be delivered to a group with more than 20 participants.

## Program Outline

1. Leadership 101
  - What is this program about?
  - There are two kinds of leadership: personal and positional
  - Everyone has leadership qualities, and there are *MANY* ways to be a leader
  - Facilitative Leadership overview
2. Respect for Self and Others; Self-Knowledge Values
  - can be strengths or weaknesses, depending on how they are used and respected
  - self-knowledge
  - self-respect, which comes before respecting others
  - Diversity -- understand that we are all different, in ways that are visible and invisible
3. Effective Communication
4. Inspiring a Shared Vision and Empowering Others
5. Managing Conflict - Conflict Styles
6. Managing Conflict - Conflict Resolution
7. Graduation / How are YOU a leader?